



**Suggested Use:** Take two capsules twice daily with food or as directed by your health care professional. Store in a cool, dry place.

## Q MAX PREMIUM

A daily micronutrient complex including fully methylated B vitamins, chelated minerals, and amino acids. Essential nutritional support at the cellular level.\*



### Vitamins & Minerals:

A well-balanced blend of vitamins, minerals, and amino acids for whole-body health\*



### Micronutrients:

Micronization and nano-chelation process increases bioavailability\*



### Methylated Vitamins:

The methyl forms of B12 and folate are easily absorbed and utilized by the body\*

VEGAN



GLUTEN FREE



GMO FREE



SOY



ID TESTED INGREDIENTS



eGMP CERTIFIED



## Supplement Facts

Serving Size: 4 Capsules  
Servings Per Container: 30

	Amount Per Serving	%Daily Value*
Vitamin A (as Beta Carotene)	450 mcg	50%
Vitamin C (as Calcium Ascorbate)	180 mg	200%
Vitamin D3 (as Cholecalciferol)(1,600 IU)	40 mcg	200%
Vitamin E (as d-Alpha Tocopheryl)	60 mg	400%
Thiamin (as Thiamin HCl)	4.8 mg	400%
Riboflavin	3.9 mg	300%
Niacin (as Niacin and Niacinamide)	16 mg	100%
Vitamin B6 (as Pyridoxal-5-Phosphate)	8.5 mg	500%
Folate (as L-5 Methyltetrahydrofolate)	400 mcg	100%
Vitamin B12 (Methylcobalamin)	180 mcg	7,500%
Biotin	240 mcg	800%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	200%
Iron (as Amino Acid Chelate)	2.67 mg	15%
Iodine	150 mcg	100%

**Proprietary Mineral Nano Chelation Blend** 1900 mg \*\*  
Calcium (as Chelate), Magnesium (as Chelate), Phosphorus (as Chelate), Potassium (as Chelate), Zinc (as Chelate), Boron (as Chelate), Copper (as Chelate), Manganese (as Chelate), Selenium (as Chelate), Molybdenum (as Chelate), Vanadium (as Chelate), Chromium (as Chelate).

**Proprietary Optimization Blend:** 995 mg \*\*  
Choline Bitartrate, Mooniyo, Astragalus Root Extract, Citrus Bioflavonoids, DL-Phenylalanine, Inositol, Grape Seed Extract, Ginkgo Biloba Extract.

\*Percent Daily Values not established

## BENEFITS

- Supports whole-body health at a cellular level\*
- Supports cognitive function and brain health\*
- Increases energy production\*
- Optimized absorption for best results.\*

**Other Ingredients:** Vegetable Cellulose (Capsule), Rice Flour, Magnesium Stearate, and Silica.

**Phenylketonurics:** Contains phenylalanine.

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep out of reach of children. In case of accidental overdose, call a doctor or poison control center. If you are pregnant, nursing or taking prescription medications, consult your health care provider prior to use.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary.

