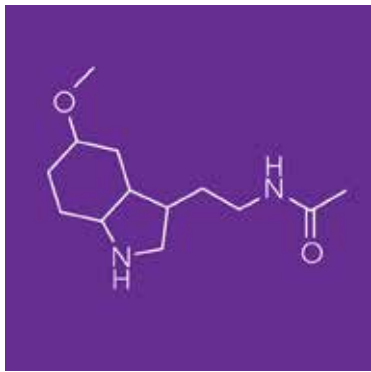




Suggested Use: Before initial use, activate the pump by pressing two to four times. Shake gently and spray directly into mouth before bedtime to promote sleep.

Q SLEEP Spray

Assists in achieving a more restful sleep so you can wake up refreshed. Q SLEEP contains incredible ingredients, including melatonin, 5-HTP, and L-theanine, as well as a proprietary herbal extract, which synergistically promotes restful sleep and helps your mind and body rejuvenate.*



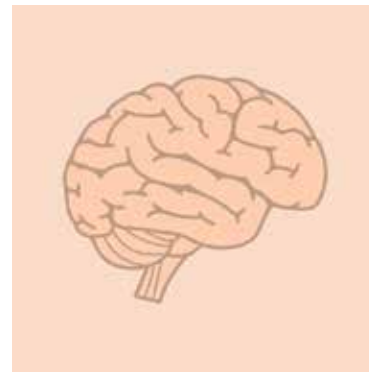
Melatonin:

A nature identical melatonin supports control of your sleep and wake cycles*



Valerian Root:

Supports stress relief and works particularly well when combined with other herbs including passionflower*



5-HTP:

Assists in the production of serotonin, which affects sleep*



Supplement Facts

Serving Size: 8 Sprays (0.4 ml)
Servings Per Container: 30

Amount Per Serving	% Daily Value
Melatonin	1.0 *
5-HTP	0.75 mg *
L-Theanine	0.75 mg *

**Percent Daily Values are not established

Ingredients: Purified Water, Xylitol, Glycerin, Alcohol, Melatonin, 5-Hydroxytryptophan (5-HTP) from Griffonia Simplicifolia, L-Theanine, Proprietary Herbal Extract, Spearmint and Other Natural Flavors, Potassium Sorbate.

With proprietary extract from Cramp bark, Feverfew, Ginkgo biloba, Passionflower, Peppermint, Skullcap and Valerian root.

BENEFITS

- Helps your body and mind rejuvenate throughout the night*
- Supports a healthy brain and nervous system*
- Promotes healthy metabolic function*
- Formulated with the highest quality ingredients*
- Delivers maximum absorption and effectiveness*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary.