



# Q ULTRA LEAN

## OPTIMAL PROTEIN BLEND

Reinforce muscle growth and athletic performance with the ultimate MyQFIT Ultra protein.\*



**Nature:** A delicious and powerful punch of ultra-pure, fast-absorbing whey protein to support muscle growth and recovery from exercise.\*

**Science:** Our whey protein is sourced and refined for ultimate absorption and bioavailability.\*



### VANILLA MILKSHAKE

## Supplement Facts

Serving Size: 2 Scoops (Approx. 27.3g)  
Servings Per Container: 20

Amount Per Serving	
<b>Calories</b> 120	Calories from Fat 18
<b>% Daily Value*</b>	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 1g	<b>6%</b>
Trans Fat 0g	
<b>Cholesterol</b> 50mg	<b>17%</b>
<b>Potassium</b> 90mg	<b>2%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 0g	
<b>Protein</b> 20g	<b>40%</b>
Calcium 110mg	<b>11%</b>
Phosphorus 10mg	<b>1%</b>
<b>Enzyme Proprietary Blend</b> 70mg	<b>**</b>
Papain, Bromelain, Amylase, Protease, Lipase, Cellulase.	

\*\* Daily Value not established.

**Other Ingredients:** Whey Protein Isolate, Whey Protein Other Concentrate, Natural Vanilla Flavor, Natural Coconut Oil, Salt, Xanthan Gum, Sucralose.

### FEATURES

- 20g of protein per serving
- 0g of sugar and 4g of carbs in each delicious serving
- Only 120 calories per serving
- No artificial hormones. Pasture fed whey.

### BENEFITS

- Supports muscle tissue growth and repair to achieve lean muscle mass\*
- Proper supply of protein for healthy body composition\*
- Enzyme blend adapted for protein support and bioavailability\*
- Fast action whey isolate to initiate recovery immediately.\*

**Caution:** Contains milk and coconut. This product is made in a facility that processes soy.

Keep out of reach of children. If you are pregnant, nursing, or taking prescription medications, consult your physician prior to use. Reproductive Harm [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

# ULTRA LEAN



### Suggested Use:

Blend two scoops with 10 -12 ounces of cold water or drink of your choice. Ideally, take one serving immediately following your workout.



Join the MyQFIT community and find a life changing fitness program for you!  
[myqfit.com](http://myqfit.com)

Manufactured exclusively for Q Sciences  
365 Garden Grove Lane, Suite 200 Pleasant Grove, UT 84062

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary.

Additional product information on page 2



CHOCOLATE COCONUT

# Supplement Facts

Serving Size: 2 Scoops (Approx. 31.2g)  
Servings Per Container: 20

Amount Per Serving	
<b>Calories</b> 120	Calories from Fat 18
<b>% Daily Value*</b>	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 1g	<b>6%</b>
Trans Fat 0g	
<b>Cholesterol</b> 50mg	<b>17%</b>
<b>Potassium</b> 90mg	<b>2%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 0g	
<b>Protein</b> 20g	<b>40%</b>
Calcium 110mg	11%
Phosphorus 10mg	1%
<b>Enzyme Proprietary Blend</b> 70mg	<b>**</b>
Papain, Bromelain, Amylase, Protease, Lipase, Cellulase.	

\*\* Daily Value not established.

**OTHER INGREDIENTS:** Whey Protein Isolate, Whey Protein Concentrate, Natural Cocoa Powder, Natural Coconut Flavor, Natural Coconut Oil, Salt, Xanthan Gum, Sucralose.